

Palmyra, Douglas, Cook & Sterling  
Senior Center Menu  
Subject to change without notice

December 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<del>10</del> <del>Cooking Series</del> French Dip Parsley Potatoes Corn Pudding <i>High School</i> <i>Vocal 7.00</i>	2 Cream Chicken Mash Taters Peas Fruit	3
4	5 Goulash Toss Salad Mix veg Fruit <i>Elementary Program 7.30</i>	6 Hot Beef Mash Taters Buttered Beets Cake <i>Band Program 7.00</i>	7 BBQ Chicken Scallop Taters Lettuce Salad Fruit	8 Polish Dog Mac & Cheese Peas/carrots Fruit Crisp	9 Cauliflower soup Ham Salad Sandw 3 Bean Salad Bar	10
11	12 Ham Loaf Au Gratin Taters Peas Fruit	13 Hamburger Steak Baked Potato Green Beans Cottage cheese fluff	14 Douglas BD Turkey Roll Sweet Potatoes Cranberry Salad Pumpkin Dessert	15 Pulled Pork Cream Taters Calif mix Fruit	16 Chicken Noodle Soup Egg salad sandw Lettuce salad Cake	17
18	19 Hamburger Cabbage pocket Tater Wedges 7 Layer Salad Fruit	20 Beef Tips over Noodles Juice Broccoli Bar cookies	<u>21 Sterling BD</u> Palmyra BD Baked Steak Au Gratin Taters Carrots & Ice cream <i>McCallister Sisters</i>	22 Chicken Strips Tator Tries Coleslaw Fruit	23 Ham Ball Mash Sweet Taters Mix veg Fruit	24
25 Christmas Day	26 CLOSED	27 Pizza Lettuce salad Corn Fruit	28 Cream Sausage & biscuits Peas Fruit cup	29 Turkey supreme Carrots Cranberry Salad Tart	30 Brunch Serve at 1030am	31