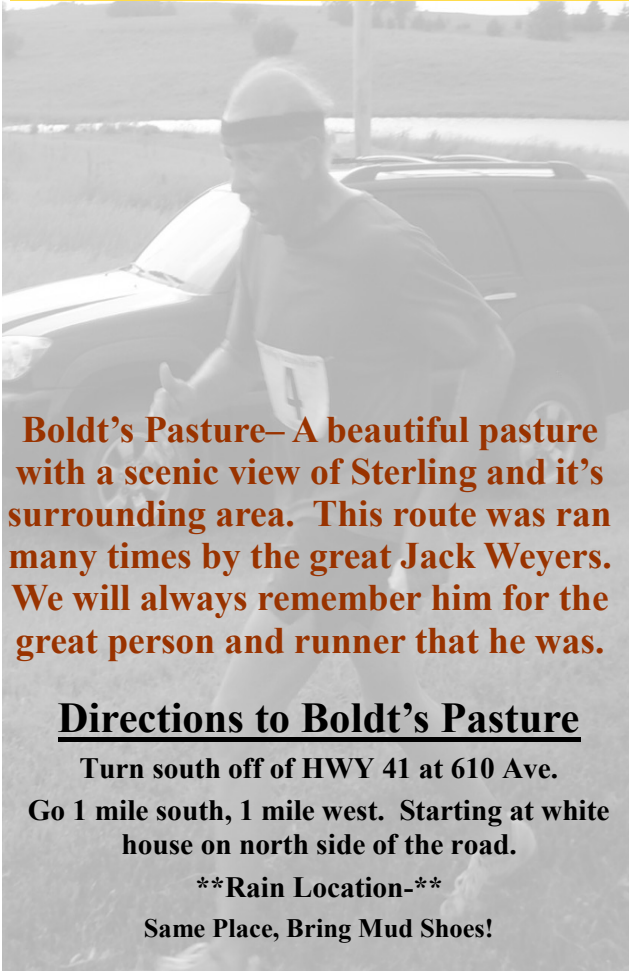


~Sterling Pasture Blaze~

5K or 1 mile run/walk



Boldt's Pasture— A beautiful pasture with a scenic view of Sterling and it's surrounding area. This route was ran many times by the great Jack Weyers. We will always remember him for the great person and runner that he was.

Directions to Boldt's Pasture

Turn south off of HWY 41 at 610 Ave.

Go 1 mile south, 1 mile west. Starting at white house on north side of the road.

****Rain Location****

Same Place, Bring Mud Shoes!

- ◆ **Friday, July 10th 2009, 7pm**
- ◆ **5K Walk/Run (ages 12 and up)- \$15**
- ◆ **1 Mile Walk/Run- \$10**
- ◆ **Race Location— Boldt's Pasture**
- ◆ **Prizes and T-Shirts for all participants**
- ◆ **Questions? Call Sarah Bredthauer 402.499.3344**
- ◆ **Proceeds will be donated to the Jack Weyers Memorial Fund and the Sterling Fitness Path**



Send completed registration form and cash/check to Sarah Bredthauer— 345 Lincoln St— Sterling, NE 68443, do not mail after July 5th.

Hand delivered registration only from July 6th-10th. Race day registration available from 5:30– 6:45 at the race site.

2009 Sterling Pasture Blaze Registration Form

Name _____ Age July 10th, 2009 _____ Gender _____

Address _____ City _____ State _____ Zip _____

Phone _____ T-Shirt Size: Youth _____ (S, M, L) Adult _____ (S, M, L, XL)

Please indicate which race you are entering in: 1 Mile Run/Walk _____ 5K Run/Walk _____

Waiver

I hereby for myself, my heirs and executors, waive and release any and all rights and claims for damages against the Sterling Pasture Blaze (which includes a 5K and 1-MileRun), the Sterling Comm Association, Race Coordinators, all sponsors, volunteers, and property owners for any injuries suffered by me in connection with the event. I further certify that I am in good enough physical condition to participate in this event. I understand inclement weather may change the course of this race. Enclosed with my waiver is my entry fee.

Signature _____ Parent/Guardian Signature (12 and under) _____